# 10th grade: Counselor Introduction

November 2021

# Ms. Kampa (A-K)



- 23rd year at MWHS all in the same office!
- I am at my happiest when I'm outside - especially running.
- Before I figured out I
  wanted to be a school
  counselor I was studying to
  be a dietician.

### Ms. Baumann (L-Z)

- Started at MWHS in 1999
- HUGE Ted Lasso Fan (who isn't?)
- If I weren't a school counselor, I would be a chef



# Let's learn more about you....

- Check your email.
- We sent a link to a short form that you should complete right now.
- Please answer the questions completely and honestly.
- We will use the information to help us get to know you and to guide our large group and individual work with you this year.
- Thank you!



### How can we help you?

<u>Social/Emotional Support:</u> Supporting you in your mental health, relational health, and personal growth.

**Short term:** Unexpected change in events, coping **Long Term:** Referring to other professional resources

**Academic Support:** Helping you choose and be successful in your courses.

Short term: Assisting with teacher communication or advocacy Long term: Developing a four year plan

**Post-secondary Support:** Helping you plan for your educational and career goals.

Short term: Assisting with a college visit or interest inventory Long term: Planning for life after high school

# What are some important benchmarks this year?

 College Rep Visits: Ongoing throughout the year

Personality Inventory: 1st semester

 Registration for 11th grade classes: January

Pre-ACT Test: 2nd semester

## College Rep Visits

College Rep Visits are happening again! (some in person and some virtual)

- → College Rep Meeting Schedule on:
  - Schoology
  - Weekly Bulletin
  - Posted throughout the building
- → If you are interested:
  - ♦ Get a pre-excused pass in guidance
- → Great way to gather basic information in a low pressure environment.

### Ways that we can connect:

- Individual email: Many of your questions might be able to be addressed by sending your counselor a simple email.
  - Ms. Kampa (A-K): <u>kampat@westonka.k12.mn.us</u>
  - Ms. Baumann (L-Z): <u>baumanna@westonka.k12.mn.us</u>
- **Emails/Schoology posts from counselors**: We do our best to send valuable information to all students at once.
  - If you see an email from us, take a quick peek to see if the information is helpful.
- Meeting: We are happy to set up a time to meet with you

### Other ways to get important information:

- Newsletter: We do our best to include important/timely information in the MWHS Newsletter that is sent out on Thursdays (in the Guidance section).
- Guidance Website:
  - Top option under ACADEMICS on the high school website
    - Copies of each student/parent presentation
    - College rep visit calendar
    - Course information
    - Important forms

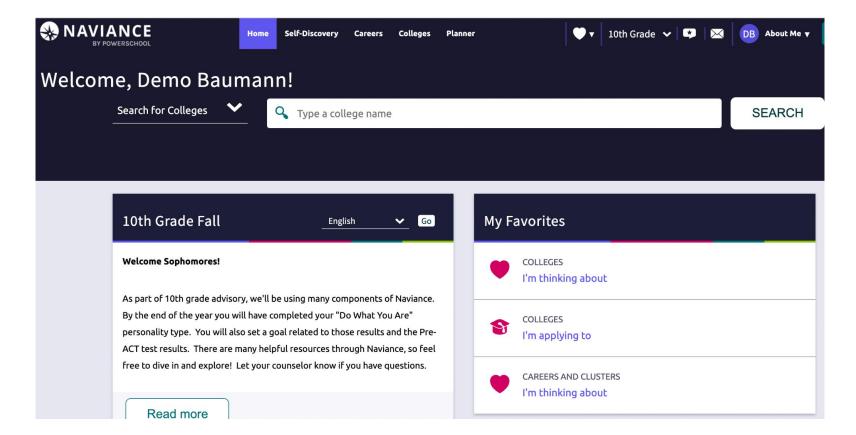
### Naviance

- 10th grade is really a great time to reflect and explore who you are and how that might connect to a future career.
- Today, we're going to take a look at your personality type and how that might impact your future.

## Log into Naviance via Clever



### Welcome Screen



# Click on Self Discovery



**∢** Back to Self-Discovery



**RETAKE** 

**CONTINUE** 

**AchieveWorks Personality®** helps you identify your personality type by asking you to choose scenarios that best represent how you behave in real life.

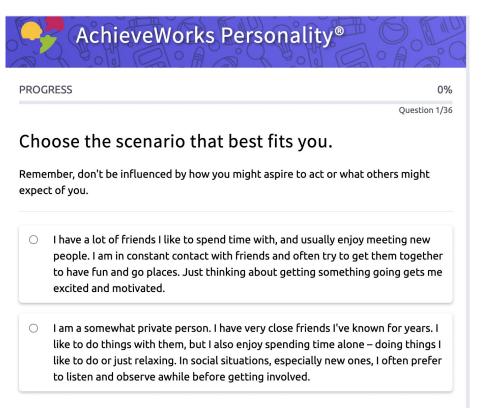
This tool will reveal your true personality and provide tips to achieve success, in a way that works for you.

0%

In Progress

# Complete Assessment: approximately 15 minutes

- Answer questions to the best of your ability
- Rate the Career "Clusters"
- Rate the accuracy



# When you are done...read the summary



### Summary

### What's Next



🕭 Take a look at your personality. These will help you unpack why you think and react to events and activities in certain ways.



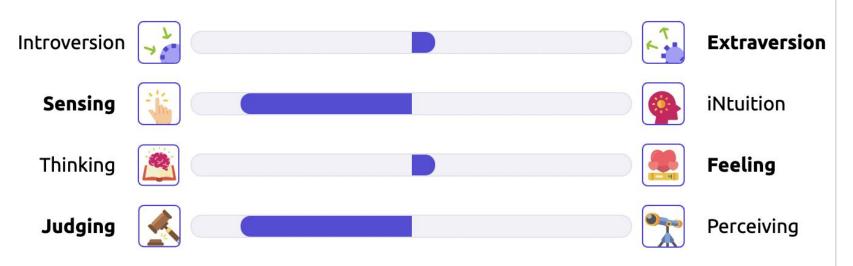
**Read your full report.** Your full report includes recommendations for your specific personality. It also breaks down strengths and challenges unique to your personality. By understanding your personality, you can better develop your strengths and create environments that work for you.



Talk things over with your parent/guardians, teachers, or counselor. They can help you come up with new ways to use what you've learned about yourself to help you succeed in school and life.

# Take a look at your personality type

### Your personality type is ESFJ



# Review how your personality type impacts:

- Learning
- Working/productivity
- Communication
- Working with others

### Review Recommended Careers: Click to learn more



### Meeting, Convention, and Event Pl...

Coordinate activities of staff, convention personnel, or clients to make arrangements for group meetings, events, or conventions.



### Education

4 Year College



### **Median Salary**

\$48,290



**FAVORITE** 



### **Nursery Workers**

Work in nursery facilities or at customer location planting, cultivating, harvesting, and transplanting trees, shrubs, or plants.



### Education

High School Diploma



### **Median Salary**

\$23,380



**FAVORITE**